

AjayK.Masih,M.D. Inc Center for Spine and Sports Rehabilitation Medicine

Patient Information

Date	_ Home Phone	Cell Phone			
Name		Sex 🛛 M 🖵 F			
Address		City	State	Zip	
Employer	Occupatio	on	Drivers License #		
Email	Primary Treat	ing Physician/Family	/ Physician?		
In case of emergency, who sh	nould be notified?		Phone		
Race	_ Ethnicity	Preferred	Language		
Preferred method of contact	🗅 Mail 🗋 Web Messa	ge			
Insurance Infor	mation: Is this a Wo	rkers Compensatio	n Claim? 🗆 No 🕒 Ye	s	
Primary Insurance		ID #	Group #	<u>.</u>	
Subscriber Name		Relation	ship to patient		
Cardholder Date of Birth		Drivers License #			
Secondary Insurance		_ ID #	Group #		
Subscriber Name		Relation	ship to patient		
Cardholder Date of Birth		Drivers License #			

Assignment & Release

I certify that I and/or my dependent(s) have insurance coverage with the above insurance listed and assign directly to **Dr. Masih** all insurance benefits, if any, otherwise payable to me for services rendered. I understand that I am financially responsible for all charges whether or not paid by insurance. I understand that I will be responsible for all collection/attorney fees if my account becomes delinquent. I authorize the use of my signature on all insurance submissions. The above-named physician may use my healthcare information and may disclose such information to the above-named insurance company(s) and their agents for the purpose of obtaining payment for services and determining insurance benefits or the benefits payable for related services. This release is valid until I notify the practice in writing with any changes.

Signature of patient, guardian or legal representative

Date

Printed name of patient, guardian or legal representative

Relationship to patient

Physician-Patient Arbitration Agreement

Article 1: Agreement to Arbitrate: It is understood that any dispute as to medical malpractice, that is as to whether any medical services rendered under this contract were unnecessary or unauthorized or were improperly, negligently, or incompetently rendered, will be determined by submission to arbitration as provided by California law, and not by a lawsuit or resort to court process except as California law provides for judicial review of arbitration proceedings. Both parties to this contract, by entering into it, are giving up their constitutional rights to have any such dispute decided in a court of law before a jury, and instead are accepting the use of arbitration.

Article 2: All Claims Must be Arbitrated: It is the intension of the parties that this agreement bind all parties whose claims may arise out of or relate to treatment or service provided by the physician including any spouse or heirs of the patient and any children, whether born or unborn, at the time of the occurrence giving rise to any claim. In the case of any pregnant mother, the term "patient" herein shall mean both the mother and the mother's expected child or children.

All claims for monetary damages exceeding the jurisdictional limit of the small claims court against the physician, and the physician's partners, associates, association, corporation or partnership, and the employees, agents and estates of any of them, must be arbitrated including, without limitation, claims for loss of consortium, wrongful death, emotional distress or punitive damages. Filing of any action in any court by the physician to collect any fee from the patient shall not waive the right to compel arbitration of any malpractice claim.

Article 3: Procedures and Applicable Law: A demand for arbitration must be communicated in writing to all parties. Each party shall select an arbitrator (party arbitrator) within thirty days and a third arbitrator (neutral arbitrator) shall be selected by the arbitrators appointed by the parties within thirty days of a demand for a neutral arbitrator by either party. Each party to the arbitration shall pay such party's pro rata share of the expenses and fees of the neutral arbitrator, together with other expenses of the arbitration incurred or approved by the neutral arbitrator, not including counsel fees or witness fees, or other expenses incurred by a party for such party's own benefit. The parties agree that the arbitrators have the immunity of a judicial officer from civil liability when acting in the capacity of arbitrator under this contract. This immunity shall supplement, not supplant, any other applicable statutory or common law.

Either party shall have the absolute right to arbitrate separately the issues of liability and damages upon written request to the neutral arbitrator.

The parties consent to the intervention and joinder in this arbitration of any person or entity which would otherwise be a proper additional party in a court action, and upon such intervention and joinder any existing court action against such additional person or entity shall be stayed pending arbitration.

The parties agree that provisions of California law applicable to health care providers shall apply to disputes within this arbitration agreement, including, but not limited to, Code of Civil Procedure Sections 340.5 and 667.7 and Civil Code Sections 3333.1 and 3333.2. Any party may bring before the arbitrators a motion for summary judgment or summary adjudication in accordance with the Code of Civil Procedure. Discovery shall be conducted pursuant to Code of Civil Procedure Section 1283.05, however, depositions may be taken without prior approval of the neutral arbitrator.

Article 4: General Provisions: All claims based upon the same incident, transaction or related circumstances shall be arbitrated in one proceeding. A claim shall be waived and forever barred if (1) on the date notice thereof is received, the claim, if asserted in a civil action, would be barred by the applicable California statue of limitations, or (2) the claimant fails to pursue the arbitration claim in accordance with the procedures prescribed herein with reasonable diligence. With respect to any matter not herein expressly provided for, the arbitrators shall be governed by the California Code of Civil Procedure provisions relating to arbitration.

Article 5: Revocation: This agreement may be revoked by written notice delivered to the physician within 30 days of signature. It is the intent of this agreement to apply to all medical services rendered any time for any condition.

Article 6: Retroactive Effect: If patient intends this agreement to cover services rendered before the date it is signed (including, but not limited to, emergency treatment) patient should initial below.

Effective as of the date of first medical services.

and

Patient's or Patient Representative's initials

If any provision of this arbitration agreement is held invalid or unenforceable, the remaining provisions shall remain in full force and shall not be affected by the invalidity of any other provision.

I understand that I have the right to receive a copy of this arbitration agreement. By my signature below, I acknowledgement that I have received a copy.

NOTICE: BY SIGNING THIS CONTRACT YOU ARE AGREEING TO HAVE ANY ISSUE OF MEDICAL MALPRACTICE DECIDED BY NEUTRAL ARBITRATION AND YOU ARE GIVING UP YOUR RIGHT TO A JURY OR COURT TRIAL. SEE ARTICLE 1 OF THIS CONTRACT.

CENTER FOR Date SPINE AND SPORTS REHABILITATION MEDICINE	By: Patient's or Patient Representative's Signature	Date
Alay K. Masih M.D.	By: Print Patient's Name	
nt or 2020 Ganava Rath Ass. Sulid 1501 Associatior Los Angeles, CA 90067	(If Representative, Print Name and Relationship to Patie	ent)
igned copy of this document is to be given to the Patie	nt. Original is to be filed in Patient's medical records. ©200	7 J6815 6/07

Payment Policy

We appreciate your confidence in our practice and we look forward to participating in your care. We realize that most medical problems are not foreseen; therefore, we wish to advise you of our payment policy.

- 1. We will file all insurance for your care. You will be responsible for all co-pays, coinsurance and deductibles at the time of visit.
- 2. All self pay patients will be expected to pay in full on their first visit.
- 3. All self pay patients and any patient with an outstanding balance over \$250 will be required to apply for CareCredit prior to any payment arrangements being set up. You may elect not to apply for CareCredit, however, you will be responsible for all payments due at the time of service.
- 4. All self pay patients will be required to pay for elective surgery prior to surgery.
- 5. We will submit to all patients (2) statements of current patient balances by mail. If we receive no response to these statements, we will begin the collection process immediately. If your account is sent to an outside collection agency, you will be responsible for all collection and legal fees.
- 6. We encourage you to stay in contact with our office regarding financial issues, as we will attempt to work with you.
- 7. We accept MasterCard, Visa, American Express, Cash, Check and CareCredit.
- 8. Returned Check fee is \$25.
- 9. If you cancel your appointment in less than 24 hours or 'No Show' for an appointment, you may incur a \$25 fee.

I have read and understand the above payment policy.

Patient's Name

Account #

Signature of Patient/Guardian

Date

Covered CA, Narrow Network and Individually Purchased Polices

This letter is to educate our patients in the way that your insurance policy will affect you in our office. **These changes will only affect our CA Blue Shield Policy Patients.** Although our office is still in-network with "some" of the Blue Cross and Blue Shield plans, we are not in-network with the new Covered CA plans, Narrow Network, and Individually Purchased plans they are offering.

For our CA Blue Shield Policy Holders, we will be able to accept your insurance at this time, however, you will be charged for what Blue Shield allows for your visit. You will be charged the rate that our current contract with Blue Shield allows and not the 30% fee reduction that the new Covered CA, Narrow Network, Individually Purchased plans allow. If you want an explanation as to what your out-of-network benefits are, you should contact your insurance for the most accurate explanation.

Dr. Masih apologizes for any inconvenience that this is causing you, but in order to provide the highest level of care without compromising patient care both physically and financially, this is the policy that we have to implement at this time.

If you have any other questions regarding this policy, you may speak with the billing department for further explanation. Thank you for your understanding and your patience during this transition period.

Patient Name

Signature

Date

HIPAA Protected Health Information

In general the Health Information Patient Accountability Act (HIPAA) privacy rule gives individuals the right to request a restriction on use or disclosure of their protected health information (PHI). The individual is also provided the right to request confidential communications or that a communication of PHI be made by alternative means, such as sending correspondence to the individual's office instead of the individual's home.

This office will generally contact patients by written communication or phone calls. We will send letters or call the number the patient has provided on the Patient Information sheet.

Please verify your phone numbers and complete the following:

	Home Telephone ()
	Okay to leave message with detailed information.
	Leave message with call-back number only.
	Cellular Telephone ()
	Work Telephone () Okay to leave message with detailed information. Leave message with call-back number only. Okay to fax to ()
	■ Okay to fax to () Written Communication () ■ Okay to mail to my home address:
	Please mail to another address
requests for PHI to the	ally requires healthcare providers to take reasonable steps to limit the use or disclosure of and minimum necessary to accomplish the intended purpose. These provisions do not apply for us irsuant to any authorization requests by the individual.
	Record of Disclosures of Protected Health Information
I,	, authorize the office of Dr. Masih to contact the

following person(s) in regard to my medical information.

Name/Relationship

Name/Relationship

Telephone Number

use

Telephone Number

Patient Name/Date of Birth

Patient Signature

Today's Date: ___

Notice of Privacy Practices Acknowled	dgment	
I wish to receive a copy of the Notice of Priva at the time of my signature below.	acy Practices	
I decline to receive a copy of the Notice of Privacy Practices at this time. I understand I can obtain a copy at any time per my request.		
	Date of Birth	
	Date	

Name

Signature

DMEPOS Supplier Standards

DMEPOS = Durable Medical Equipment, Prosthetics, Orthotics and Supplies Supplier = **Center for Spine and Sports Rehabilitation Medicine** CMS = Centers for Medicare and Medicaid Services

Patient Name:

Date of Birth:

- 1. A supplier must be in compliance with all applicable Federal and State licensure and regulatory requirements and cannot contract with an individual or entity to provide licensed services.
- 2. A supplier must provide complete and accurate information on the DMEPOS supplier application. Any change to this information must be reported to the National Supplier Clearinghouse within 30 days.
- 3. An authorized individual (whose signature is binding) must sign the application for billing privileges.
- 4. A supplier must fill orders from its own inventory, or must contract with other companies for the purchase of items necessary to fill the order. A supplier may not contract with any entity that is currently excluded from the Medicare program, any State health care programs, or from any other Federal procurement or non-procurement programs.
- 5. A supplier must advise beneficiaries that they may rent or purchase inexpensive or routinely purchased durable medical equipment, and of the purchase option for capped rental equipment.
- 6. A supplier must notify beneficiaries of warranty coverage and honor all warranties under applicable State law, and repair or replace free of charge Medicare covered items that are under warranty.
- 7. A supplier must maintain a physical facility on an appropriate site. This standard requires the location is accessible to the public and staffed during posted hours of business. The location must be at least 200 square feet and contain space for storing records.
- 8. A supplier must permit CMS or its agents to conduct on-site inspections and ascertain the supplier's compliance with these standards. The supplier location must be accessible to the beneficiaries during reasonable business hours and must maintain a visible sign and posted hours of operation.
- 9. A supplier must maintain a primary business telephone listed under the name of the business in a local directory or a toll free number available through directory assistance. The exclusive use of a beeper, answering machine or cell phone during posted business hours is prohibited.
- 10. A supplier must have comprehensive liability insurance in the amount of at least \$300,000 that covers both the supplier's place of business and all customers and employees of the supplier. If the supplier manufactures its own items, this insurance must also cover product-related liability and completed operations.
- 11. A supplier must agree to not initiate telephone contact with beneficiaries, with a few exceptions allowed. This standard prohibits suppliers from contacting a Medicare beneficiary based on a physician's oral orders unless an exception applies.
- 12. A supplier is responsible for delivery and must instruct beneficiaries on the use of Medicare covered items, and maintain proof of delivery.
- 13. A supplier must answer questions and respond to complaints of beneficiaries, and maintain documentation of such contacts.
- 14. A supplier must maintain and replace at no charge or repair directly, or through a service contract with another company, any Medicare-covered items it has rented to beneficiaries.
- 15. A supplier must accept returns of substandard (less than full quality for the particular item) or unsuitable items (inappropriate for the beneficiary at the time it was fitted and rented or sold) from beneficiaries.
- 16. A supplier must disclose these supplier standards to each beneficiary to whom it supplies a Medicare-covered item.
- 17. A supplier must disclose to the government any person having ownership, financial or control interest in the supplier.
- 18. A supplier must not convey or reassign a supplier number; i.e., the supplier may not sell or allow another entity to use its Medicare billing number.
- 19. A supplier must have a complaint resolution protocol established to address beneficiary complaints that relate to these standards. A record of these complaints must be maintained at the physical facility.
- 20. Complaint records must include: the name, address, telephone number and health insurance claim number of the beneficiary, a summary of the complaint, and any actions taken to resolve it.
- 21. A supplier must agree to furnish the CMS any information required by the Medicare statute and implementing regulations.
- 22. All suppliers must be accredited by a CMS-approved accreditation organization in order to receive and retain a supplier billing number. The accreditation must indicate the specific products and services for which the supplier is accredited, in order for the supplier to receive payment of those specific products and services (except for certain exempt pharmaceuticals).
- 23. All suppliers must notify their accreditation organization when a new DMEPOS location is opened.
- 24. All supplier locations, whether owned or subcontracted, must meet the DMEPOS quality standards and be separately accredited in order to bill Medicare.
- 25. All suppliers must disclose upon enrollment all products and services, including the addition of new product lines for which they are seeking accreditation.
- 26. Must meet the surety bond requirements specified in 42 CFR § 424.57(c).
- 27. A supplier must obtain oxygen from a state-licensed oxygen supplier.
- 28. A supplier must maintain ordering and referring documentation consistent with provisions found in 42 CFR § 424.516(f).
- 29. DMEPOS suppliers are prohibited from sharing a practice with certain Medicare providers and suppliers.
- 30. DMEPOS suppliers must remain open to the public for a minimum of 30 hours per week with certain exceptions.

Patient Signature

Today's Date

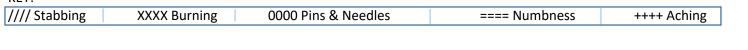
Copy to Patient _____



te:
Age: Weight: Height: O Right- handed O Left - handed
t

INSTRUCTIONS

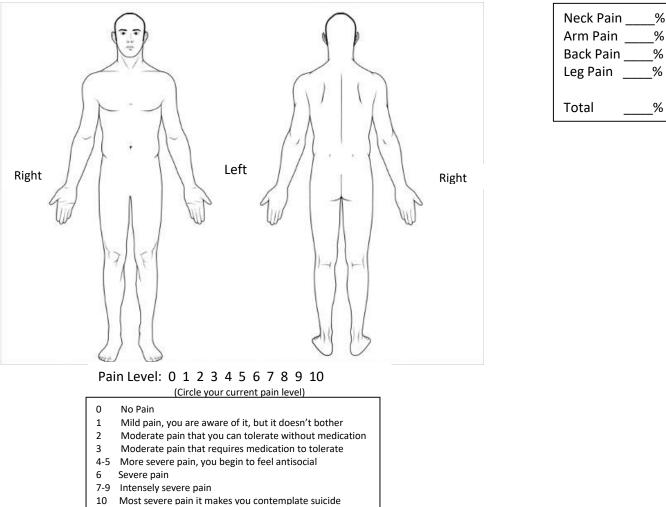
Mark these drawings according to where you hurt (if the right side of your neck hurts, mark the right side of the neck, ect.) Please indicate which sensations you feel by referring to the key below. KEY:

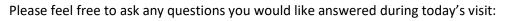


%

%

%





1. _____ 2. 3.

Pain Management

This is an agreement between (patient name) ______ and Dr. Masih regarding my pain management/chiropractic care. The purpose of this agreement is to establish clear conditions for the prescription and use of pain controlling medications prescribed by my pain physician.

I understand that there are alternative treatments which include but are not limited to: physical therapy/occupational therapy (PT/OT), home exercises and modalities, devise trials, injections, non-opioid pharmacotherapy, holistic treatment, pain counseling, chiropractic care, and acupuncture.

The goal of my therapy is to reduce my pain to a level that is tolerable and will allow me to improve my ability to perform daily activities. I understand that daily use of narcotics increases certain risks, which include but are not limited to:

Addiction

- Allergic reactions, overdose, and/or fatal complications
- Breathing problems
- Drowsiness, dizziness, and/or confusion
- Impaired judgment and inability to operate machines or drive motor vehicles
- Nausea, vomiting, and/or constipation
- Development of tolerance

I agree to the following guidelines:

- 1. I will take my medication only as prescribed and I will not change the amount or frequency without authorization from my physician. Unauthorized changes may result in my running out of medication early, and early refills will not be allowed. (see #2)
- 2. I understand that due to the high potential for abuse of these medications, the following rules apply: I will NOT be allowed to obtain early refills or receive replacement of lost or stolen medication. Refills will only be provided during regular office hours.
- I will obtain ALL of my pain prescriptions through Dr.Masih and will fill ALL of my prescriptions at (pharmacy name) _______. In an acute emergency, another provider may prescribe medications for me. If this occurs, I will notify Dr.Masih as soon as possible.
- 4. I will submit to random urine and/or blood tests if requested by my physician or nurse practitioner to access my compliance.
- 5. I agree to see **Dr.Masih** for ongoing case management and will keep regularly scheduled appointments as long as I am taking any narcotic medication.
- 6. If I do not follow these guidelines, I understand that my treatment may be terminated.

I understand and consent to the above requirements for continued treatment. I will discuss the risks, benefits, and alternatives to narcotic treatment with my provider. I will have an opportunity to ask questions and receive answers to those questions to my satisfaction.

Patient's Name

Date

Patient's Signature

Health History Questionnaire Pain Management

Patient's Name			N	//R #	
Today's Date		_ Date of Birth	Ag	je	
Referring Physician					
	problem you are being see date of discharge and diag	•	isit following disch	arge from a h	ospital,
Did this problem/pai	n come on 🛛 🖵 sudder	nly 🛛 gradually			
Please mark how th	e following affects your pro	blem or pain.			
	Better Worse No Cha	0		etter Worse	•
-			ng Backward		
-			g		
U			ing Flat		
Bending Forward		Lying	га		🛥
If you have any bac	< pain, please answer the f	following question:	:		
1. Do you h	ave pain rising from a seat	t/seated position?		🗆 No 🗖 Yes	6
2. Do you h	ave pain with coughing or	sneezing?		🗅 No 🗅 Yes	6

3.	Do you lean on a shopping cart at the store to relieve your back pain? \Box No	🖵 Yes
4.	Are you awakened from sleep due to pain?	🗅 Yes
5.	Do you have morning stiffness? Do you have morning stiffness?	🗅 Yes
6.	Do you have fevers or sweats accompanying your pain?	🖵 Yes

Health History Questionnaire Pain Management(continued)

What medications have you tried for this problem, if any? Please include any over-the-counter or herbal supplements.

Were any of these effective? If so, please describe.

What is the character of your pain? For example: is it dull, aching, sharp, throbbing, or "pins and needles."

If you are experiencing pain, please rate you most.	r pain on a scale of 0-10, with 0 being no pain and 10 being the
Pain at best (0-10) Pain at wor	rst (0-10)
How long has this been going on?	Is this a work-related injury? 🛛 No 🗳 Yes
Have you had any previous therapy for this p describe.	roblem, including injections or treatments? If so, please

Have you seen a physician previously for this? If so, who?

Health History Questionnaire

Pain Management(continued)

Have you had any recent special testing done for this problem? If so, please describe (For example: MRI, CT scan, bone scan, EMG, etc.).

Please list all current medications including over-the-counter medications, vitamins, and supplements.

Please list all drug allergies. _____

Family Medical History

	You	Family	Never
Heart Disease	🗅	🗖	🗖
High Blood Pressure	🗖	🗖	🗖
Kidney or Urine Problems	🗖	🗖	🗖
Skin Problems	🗅	🗖	🗖
Breathing Problems (Asthma, etc.)	🗖	🗖	🗖
Neurological (Stroke, etc.)	🗅	🗖	🗖
Diabetes	🗅	🗖	🗖
Cancer	🗅	🗖	🗖
Arthritis	🗅	🗖	🗖
Mental Disorders	🗅	🗖	🗖

Please clarify any You or Family positives.

Health History Questionnaire

Pain Management(continued)

List any past surgeries.

Social History

Do you live in a one or two story home? 🗅 one story 🕒 two story			
How many stairs to enter? Who do you live with?			
Do you use tobacco? 🛛 No 🗳 Yes If yes, how many packs per day?			
Do you drink alcohol? 🛛 No 🗳 Yes If yes, how much per day?			
Do you any illegal drugs? 🗅 No 🕒 Yes If yes, what?			
Are you currently employed? 🗅 No 🕒 Yes If no, when was your last day of work?			

Health History Questionnaire

Pain Management(continued)

Review of Systems

□ Any unmarked boxes are otherwise negative.

Constitutional Symptoms			
🖵 No	🖵 Yes	.Weight gain or loss	
		Amount	
		Time span	
🛛 No	🖵 Yes	.Fever, Chill, Night sweats	
Skin			
🖵 No	🖵 Yes	. Change in color	
🖵 No	🖵 Yes	Wounds	
🖵 No	🖵 Yes	. Itching	
🖵 No	🖵 Yes	. Temperature changes	
🖵 No	🖵 Yes	. Change in nails	
🖵 No	🖵 Yes	. Easy bleeding/Bruising	
🖵 No	Yes	. Lymphatic problems	
Head	& Neck		
🖵 No	🖵 Yes	.Headache/Facial pain	
🖵 No	Yes	Neck pain/Stiff neck	
Eyes			
		.Change in vision	
		. Light sensitivity/Pain	
🖵 No	🖵 Yes	. Visual loss	
Ears			
		Loss of hearing	
		Ringing in ears	
		Recurrent infections	
🖵 No	Yes	. Vertigo/Dizziness	
Nose			
		. Change in ability to smell	
		.Bloody noses	
	Q Yes	•	
🖵 No	🖵 Yes	.Frequent colds	
	h & Throat		
		.Change in taste	
		.Sore throat	
		Difficulty swallowing	
		Difficulty speaking	
		.Voice change	
-	hiatric		
		History of delusions	
		Hallucinations	
		Depression	
	Q Yes		
U No	⊔ Yes	Hospitalization for above	

Ga	astro	oin	test	inal	
	No		Yes		Abdominal pain
	No		Yes		Nausea/Vomiting
	No		Yes		Peptic Ulcer disease
	No		Yes		Rectal bleeding
	No		Yes		Black tarry stools
					Heartburn/Acid reflux
	No		Yes		Diarrhea/Constipation
Ca	ardio	ova	ascu	lar	
	No		Yes		Chest/Jaw/Arm pain
	No		Yes		Palpitation
	No		Yes		Shortness of breath
					\Box At rest \Box With exertion
	No		Yes		Lightheadedness
	No		Yes		Passing out
					Ankle swelling
					Fatigue
	No		Yes		Cold extremities
Re	espi	rat	ory		
	No		Yes		Cough
					□ Productive □ Dry □ Bloody
	No		Yes		Night sweats
	No		Yes		History of asthma/wheezing
	No		Yes		Bronchitis
	No		Yes		Pneumonia
Мι	usci	ulo	-Ske	eleta	I & Neurologic
	No		Yes		Muscle problems
					Pain Atrophy
	No		Yes		Joint problem
					□ Swelling □ Heat
	No		Yes		Bone problem
					□ Fracture □ Deformity
	No		Yes		Numbness or tingling
					Weak in arms or legs
					Balance problems
	No		Yes		Memory problems
					Trouble concentrating
			Irina		
	No		Yes		Frequency
					Urgency
					Hesitancy
					Dribbling
					Incontinence
	No		Yes		Blood in your urine

□ No □ Yes Inability to completely empty bladder

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